

The LifeMoves Programme

Provided by **BrainLink** and **peers inspiring peers**

Feeling isolated and low in confidence?

Unsure of who you are anymore?

...talking with someone who is in a similar situation can make all the difference.

You are unique but not alone.

LifeMoves is an 8 week peer support programme that empowers people with acquired neurological conditions.

All LifeMoves facilitators have experienced a brain injury.

Our next 8 week programme is commencing at:

BrainLink -The Nerve Centre 54 Railway Road Blackburn VIC 3130

Wednesday 3rd February 2010 10.00am to 12.30pm (we meet every Wednesday at this time) until 24th March 2010

Please contact the LifeMoves Relationship Coordinator, Florence Kingsley-Matthews for further information.

Her numbers are (03) 9376 6669 or 0412 178 507.

In order to secure your place, please arrange to have the attached referral form completed by your treating health professional or doctor.

Peers Inspiring Peers ACN 137 579 401 - PO Box 279, Fairfield VIC 3078, Australia

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