



*BrainLink and nib foundation are offering family members and friends of those caring for a person with an **acquired brain injury** in regional Victoria, an opportunity to participate in a one day workshop.*

*The interactive & discussion filled **FREE** workshop is from 10am-4pm (lunch provided).*

29th February, 2012

Southern Way

181 Fairy Street

Warrnambool

Topics include:

Making Sense of the Changes

- *Sharing Understanding of Brain Injury*
- *Exploring Responses and Reactions*

- *Changed Roles*

Putting it All Together

- *Build Strategies*
- *Develop networks*
- *Look After Self*

To register your interest, or to discuss respite requirements, please contact

Rachael at BrainLink Services on

(03) 9845-2957 or e: resources@brainlink.org.au

RSVP: 24th February 2012